

Confidential support for your work and life challenges

VITAL WorkLife can help you and your family members with Employee Assistance Program (EAP) resources to support your well being at home and at work.

Your EAP resources are confidential and available 24/7, at no cost to you.

23-23365-0127



Let us help you build pathways to well being.

We can help you reach new levels of health, well-being, and productivity. If you or a family member is facing a challenge—like managing relationships, stress, anxiety, parenting, substance abuse, grief and loss, financial or legal issues—contact us today.



Call anytime for support

800.383.1908

Visit VITALWorkLife.com for online resources

Username: **LCMC**

Password: **LCMC**

Scan the QR code to download mobile app

Company username: **LCMC**

