

LCMC Health

# Patient Portal Care Companion Home Monitoring Program

For patients with confirmed or suspected coronavirus who are showing symptoms

If you're experiencing symptoms and awaiting COVID-19 test results, or diagnosed with coronavirus, you can benefit from at home monitoring. The Home Monitoring Program monitors your symptoms in addition to temperature and oxygen level.

We can now place an order to enroll you in the LCMC Health Patient Portal Care Companion Home Monitoring Program that remotely monitors your temperature, oxygen, and symptoms via a smartphone or computer. You must have, or be willing to have, a LCMC Health Patient Portal account to enroll in this program.



[Click here to sign up for the LCMC Health Patient Portal](#)

## It sounds right for me. How do I get started?

One of our nurses or other care team member will walk you through some short enrollment questions on your smartphone Patient Portal account.

## Patient questionnaire (smartphone) view

The image displays three sequential smartphone screens for a patient questionnaire. The first screen, titled 'Symptom Check-in', lists five questions with 'Yes' and 'No' options. The second screen shows the same questionnaire with 'No' selected for the first question, 'Yes' for the second, 'Worse' for the third, 'Same' for the fourth, and 'No' for the fifth. The third screen, titled 'COVID-19 Condition Monitoring', shows the same five questions with 'No', 'Yes', 'Worse', 'Yes', and 'No' selected, and a green 'SUBMIT' button at the bottom.

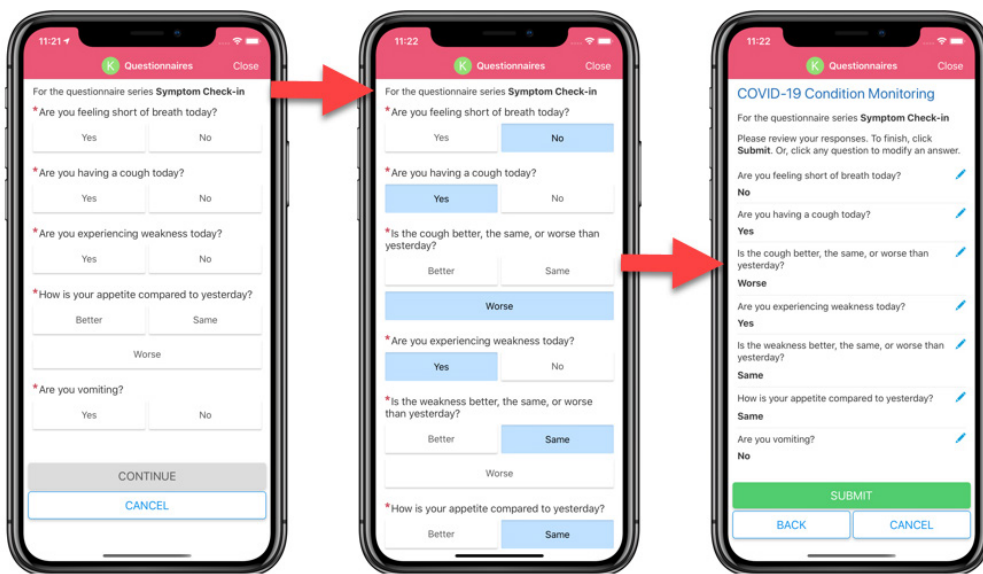
Talk to the LCMC Health Nurse Hotline or your doctor today to learn more!



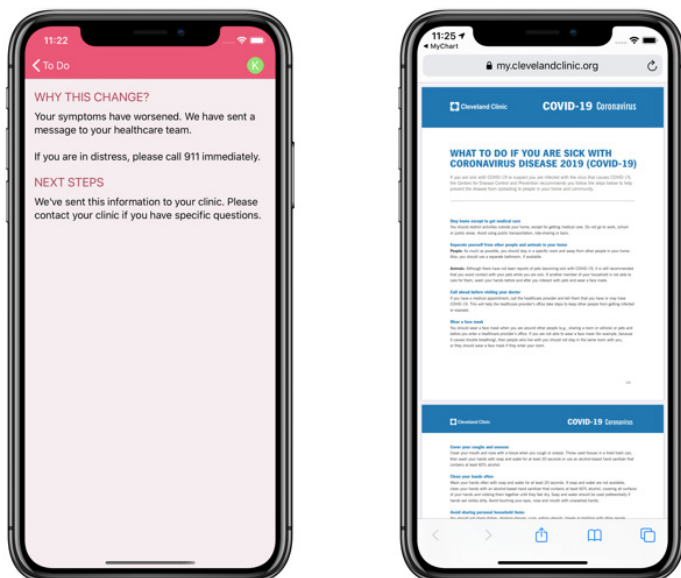
Once you're all signed up, you'll receive a **patient to-do-list** in your Patient Portal account. This list will give you daily alerts reminding you to take and record your temperature and oxygen levels to be sent to the clinical team.

It will also check-in on your daily symptoms remotely by asking a series of questions about how you're feeling that day. An LCMC Health nurse will call you if you report any concerning symptoms or if you do not complete your daily check-in.

## Patient to-do list/temperature reading MyChart (smartphone) view



## Patient Care Companion instructions (smartphone) view



# Patient COVID-19 condition monitoring questionnaire reminder (computer) view

The screenshot shows the MyChart patient dashboard for Kimberly. At the top, there are navigation icons for Health, Visits, Messaging, Billing, Resources, and Profile. A notification banner at the top left states: "Complete your COVID-19 Condition Monitoring questionnaire, which is due today." Below this, the "To Do" section shows "You have no upcoming tasks." and a calendar for March 2020. The "What's New in MyChart" section includes links for "Talk face-to-face", "Share your record", "Link your fitness devices", and "Your chart on the go". A "Quick Links" sidebar on the right contains options like "View test results", "Ask a question", "Schedule an appointment", "Refill medications", "Review health summary", "View billing summary", "Talk to a doctor", "Get an estimate", and "Share your record". The "Care Team" section lists a Family Medicine Physician, MD.

# Patient COVID-19 condition monitoring questionnaire results (computer) view

The screenshot shows the MyChart patient dashboard for Kimberly, displaying the results of the COVID-19 Home Monitoring questionnaire. The page title is "COVID-19 Condition Monitoring" and it notes the series is "COVID-19 Home Monitoring". Instructions state: "Please review your responses. To finish, click Submit. Or, click any question to modify an answer." The results are as follows:

Question	Answer
Are you feeling short of breath today?	Yes
Is the shortness of breath better, the same, or worse than yesterday?	Better
Are you having a cough today?	Yes
Is the cough better, the same, or worse than yesterday?	Worse
Are you experiencing weakness today?	No
Are you vomiting?	No
How is your appetite compared to yesterday?	Worse
If you have a thermometer, what is your highest temperature (in Fahrenheit) since last recording?	100.5
If you have a portable oxygen sensor, what is your lowest oxygen percentage since last recording?	95

Below the table, there are two sections: "Worsening Symptoms:" and "Fever:".

**Worsening Symptoms:** Your symptoms have worsened. If you are in distress, please call 911 immediately.

**Fever:** You have reported an elevated temperature consistent with a fever. If you are in distress, please call 911 immediately.

At the bottom, there are buttons for "BACK", "SUBMIT", and "CANCEL".