

Strawberry Banana Sorbet

Ingredients

- 4 bananas, overripe and frozen
- 1 cup whole strawberries, frozen

Directions

1. Remove bananas and strawberries from the freezer and allow them to sit at room temperature for 5-7 minutes
2. Cut bananas and whole strawberries into slices and place them into a high-speed blender
3. Blend until smooth and creamy. It takes a while, so be patient and just keep blending. You may need to stop blending and scrape the sides of the blender down a few times to ensure that the mixture is fully combined and smooth
4. Enjoy immediately or transfer to a container with a tight-fitting lid and freeze. Before serving, allow to sit for a few minutes until the sorbet becomes scoopable.



