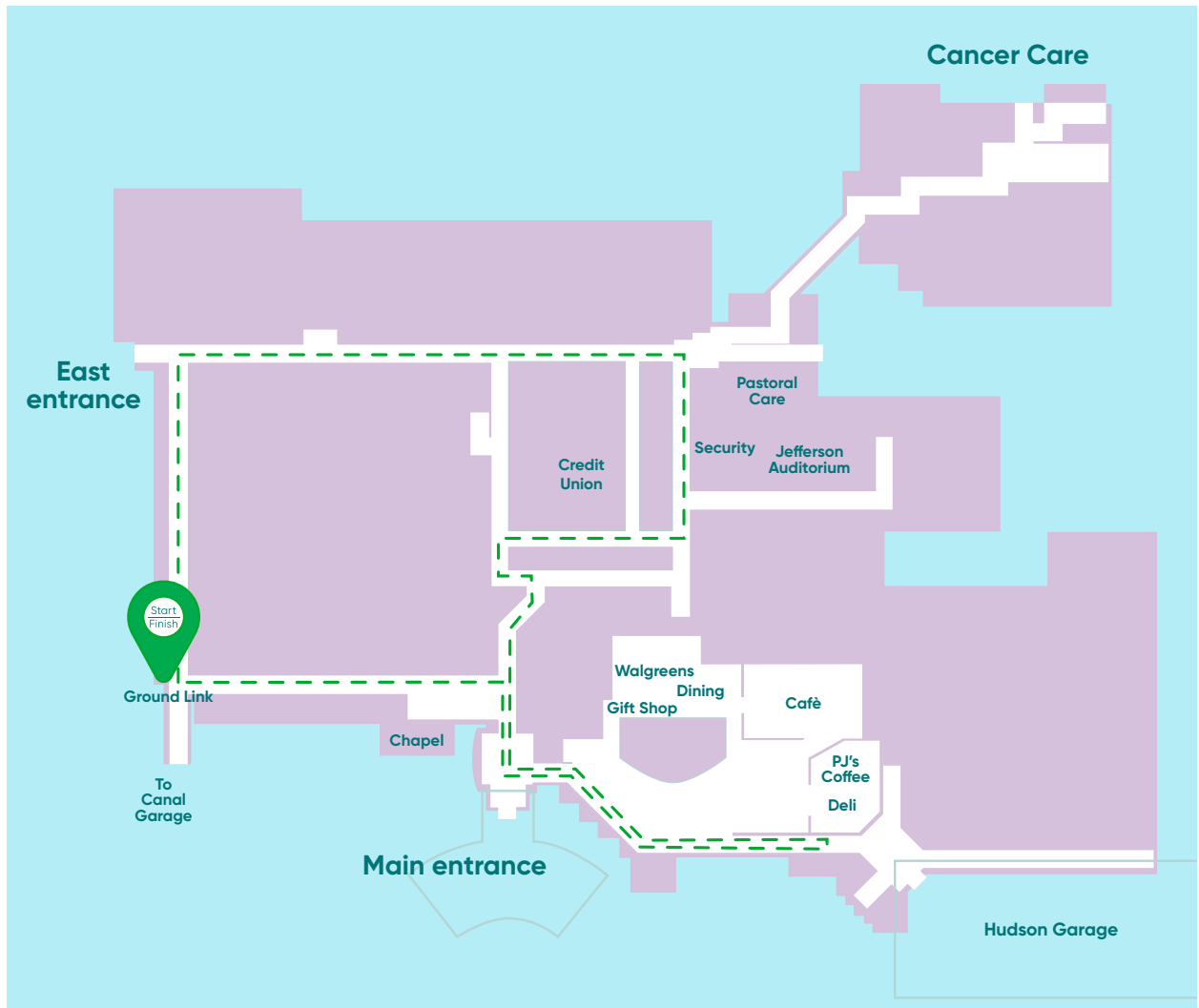




# Get active!

## Exercise is medicine

The **East Jefferson General Hospital** campus has a walking path. Take a walk for a mental health break.



----- 1 mile