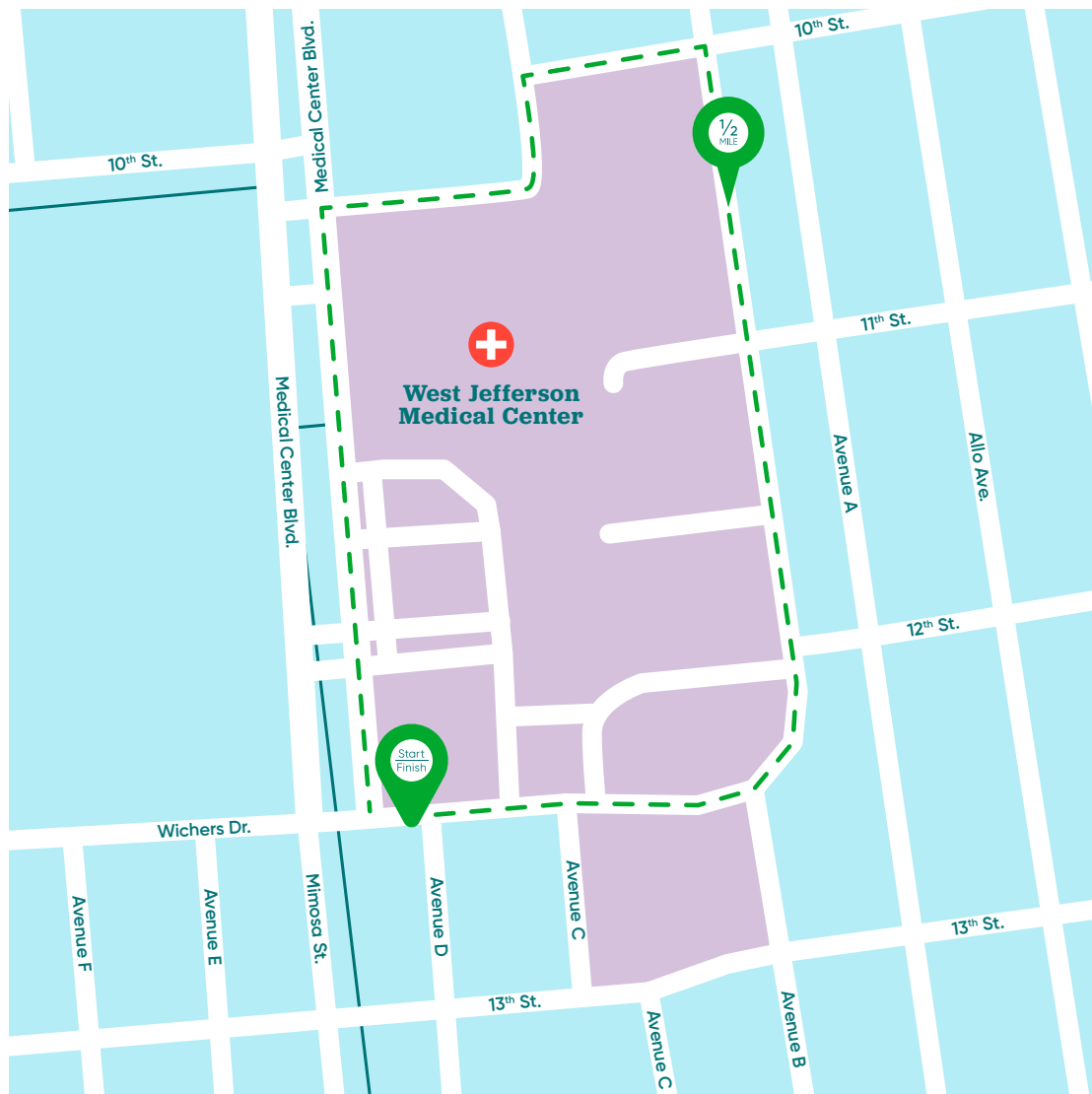




Get active!

Exercise is medicine

The **West Jefferson Medical Center** campus has a walking path. Take a walk for a mental health break.



--- 1 mile

23-3400-0607

West Jefferson
Medical Center
LCMC Health