

The Trauma Recovery Clinic at UMC is one of the only hospital-based outpatient behavioral health clinics in the country specially designed to meet the unique psychological and physical needs of patients following a traumatic injury.

Scientists are now recognizing the important connection between physical and psychological health. The TRC addresses the complex needs of our patients by collaborating with all treating providers to support healing of both the mind and body through a patient centered treatment approach.

The TRC accept patients who were treated at University Medical Center or the former Interim LSU Hospital (ILH) following a traumatic injury.

To request an appointment, please call (504) 702-4500 and ask to be scheduled with the Trauma Recovery Clinic.

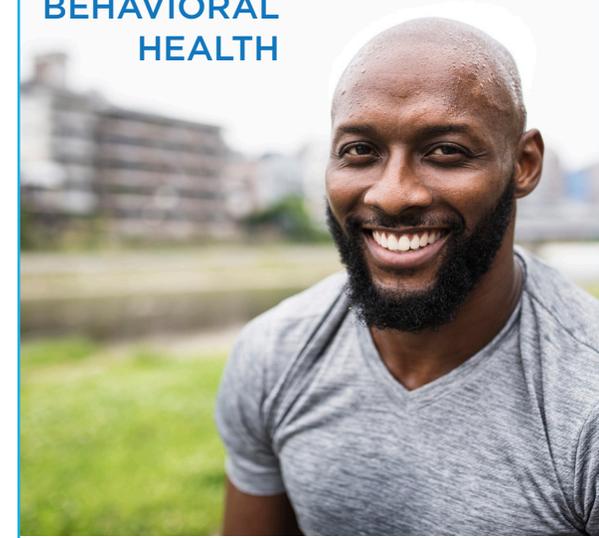


University Medical Center New Orleans

2000 Canal Street
New Orleans, LA 70112
umcno.org

PROUD MEMBER OF **LCMC** | HEALTH

**BEHAVIORAL
HEALTH**



A Patient's Guide

Trauma Recovery Clinic

UMC
UNIVERSITY
MEDICAL CENTER
—NEW ORLEANS
REV. AVERY C. ALEXANDER
ACADEMIC RESEARCH HOSPITAL

ABOUT THE TRC

The Trauma Recovery Clinic (TRC) at University Medical Center New Orleans provides behavioral health services to trauma patients and their families. Our mission is to support our patients' psychological and physical recovery needs through an evidence-based and multidisciplinary treatment approach.

We aim to provide the highest level of care for our patients, including short- and long-term psychotherapy for individuals and families and medication management.

Services are available to any patient (ages 13 and up) treated through UMC for a physical trauma. Services are also available to family members and loved ones, whether or not they received medical care through UMC.

SERVICES OFFERED

- Short- and long-term psychotherapy to address the unique and complex needs patients following a traumatic injury who are experiencing issues such as:
 - Posttraumatic Stress Disorder
 - Depression
 - Anxiety
- Medication management services to support patients' therapeutic needs.
- Community outreach/referrals.



CLINIC HOURS

MEDICATION MANAGEMENT

Psychiatry

Mondays from 8 a.m. - 11 a.m.

PSYCHOTHERAPY

Psychology

Mondays from 12 p.m. - 5 p.m.

Tuesdays from 1 p.m. - 5 p.m.

Social Work

Mondays from 8 a.m. - 4 p.m.

Tuesdays from 12 p.m. - 4 p.m.

CLINIC LOCATION

Fifth floor, Section B of the Ambulatory Care Building on the UMC campus.

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OUR TEAM

Our model takes a multidisciplinary team approach to care in order to treat the whole patient and aid in both physical and psychological recovery.

A licensed clinical psychologist and licensed clinical social worker provide short- and long-term psychotherapy and psychiatrists from LSU Health New Orleans provide medication management.

Our team works closely with trauma and orthopedic surgeons to support our patients during the healing process. This approach ensures that all members of the treatment team are in regular communication in order to best meet the needs of our patients and their families.

The TRC also collaborates with many community partners in order to access additional resources to meet our patients' non-medical needs, such as education, employment, and housing.

